



Delphi Cave Experience (DCE) Retreat Participation Agreement

Prepared for *[insert your full name]* , attending the September 2026 Delphi Cave Experience.

1. Introduction

Please carefully read this legally binding contract, making sure you understand how it applies to you, and sign to acknowledge your acceptance.

This Agreement and the Retreat Intake Form must be completed and returned to me.

Your non-refundable deposit invoice must be paid as soon as possible to secure your spot.

Your spot on the Delphi Cave Experience is not confirmed until I have received your signed acceptance, intake form, and confirmation of payment of your deposit invoice.

My intention in facilitating the Delphi Cave Experience is to provide an immersive experience where you will experience sacred teachings, rituals and reflection, and learn to align with the 12 Universal Laws to unlock your inner wisdom. You will be offered tools and insights to elevate your spiritual practice so that you can live a life aligned with your highest self. The Delphi Cave Experience is an invitation to step into a sacred space of deep reflection, healing, and spiritual awakening.

This experience is run by me, Josie Thomson, ABN: 52 698 413 665.

If you have any questions or need to contact me, please email admin@josiethomson.com

If anything in this Agreement is unclear, please seek independent advice to ensure you fully understand your rights and obligations.

I welcome constructive feedback as an opportunity to review and improve. Please email me directly to raise any issues or concerns.

2. Date and Location

The Retreat will run from Monday, 31st August, 2026 to Thursday, 10th September 2026.

It will be primarily held at V Hotel, in Delphi, Greece.

3. Payment

All prices are in Australian dollars. I am registered for GST.

Extra early bird pricing for the Delphi Cave Experience is AUD\$7,777. Early bird pricing is AUD\$8,888. Full RRP is AUD\$13,999. Payment plans are available and will incur a fee of around AUD\$300 in total to cover administration and risk.

Retreat sales close on Friday 26th June, 2026 or when sold out (maximum of 12 spots available).

All Retreat participants are required to pay a non-refundable, upfront deposit of \$500 (plus GST for Australians). This covers my administrative time in preparing the Delphi Cave Experience for you, and advance payments I need to make to ensure all bookings and arrangements are secured.

Monthly payment plans are available upon application. Payment is required by bank transfer only.

If your payment is late, I will send you reminder notifications. If your payment is more than 7 days late, you will incur a \$25 administration fee (plus GST for Australians).

If you have any difficulty with meeting your agreed payments, you must contact me to discuss the situation and make arrangements for an alternative payment plan before your next invoice is due, or you will be considered to have cancelled your participation and the cancellation policy will apply.

The cost of the Delphi Cave Experience does NOT include any airfares, travel insurance, visa fees, excess baggage charges, airport taxes, gratuities to leaders and guides, medical expenses, optional activities/trips, taxis for personal travel or alcohol. It does include accommodation and some meals, as outlined below.

4. Refunds

There are **no refunds for change of mind** so please make sure you are committed to attending before you book your spot to join me.

If necessary, all amounts paid up to 4 months before the start of the Delphi Cave Experience may be transferred to the next program without penalty. Transfer requests are limited to one time only and must be used within a 2 year period from date of original booking.

There are strictly no refunds or transfer of funds in the 4 months before the Delphi Cave Experience, from 30th April, 2026.

Your full payment must be received in full at least 8 weeks before the Delphi Cave Experience commences.

Because I plan each program based on strict participation guidelines as well as the information in your intake form, you may not transfer your place in the Delphi Cave Experience to another person.

The AUD\$500 (+GST) deposit received is not refundable.

5. Communication

All important communications will be by email, so please make sure I have your best email address and am marked as a contact. This will ensure you see my messages. It is your full responsibility if you miss any important communications sent to the email address you have provided. There will also be a private **WhatsApp Chat** for your specific cohort, which will be opened around 8 weeks prior to commencement of the Delphi Cave Experience.

While we are in Greece, I can be contacted by Facebook Messenger and WhatsApp. You are also welcome to provide my contact details to your family in case of emergency:

WhatsApp: (+61) 0407 175 980

Email: admin@josiethomson.com

Facebook: <https://www.facebook.com/josie.aexcel>

6. The Delphi Cave Experience Content & Structure

You can expect to receive:

Before we leave

- A group introduction session (live on zoom online – recorded) – scheduled for 6pm on 2nd June, 2026 (Brisbane time)
- 30 mins private call with Josie to understand your needs and objectives
- Access to pre recorded meditations to prepare for the Delphi Experience
- All the details and reminders you need to make sure you're ready for a wonder-full experience

During DCE

- Special Welcome Pack
- Airport transfer to hotel upon arrival
- Group information and planning session to align our expectations and make sure our needs are met
- Welcome Dinner
- Professional tour guides with local knowledge and education
- Transfers in aircon bus from Athens to Delphi, and return
- Sight seeing excursions in Delphi, including all admission fees
- 1 night accommodation in Athens
- 9 nights accommodation in Delphi
- Daily movement, stretch and meditation sessions
- All breakfasts (plus group evening meal on day one. 1 drink may be ordered and will be covered by me. You are welcome to order more at your own expense)
- Group workshops and experiential activities
- Time and space to reflect and assimilate your experiences
- Awesome group of like-hearted humans
- Gentle, caring and reliable accountability and encouragement
- Spare time to rest or play

After DCE

- A 90 minute online group debrief to provide support , encouragement and/or accountability (1 month after DCE) – scheduled for 15 October at 6pm (Brisbane time)
- VIP discounts on future events and retreats
- Special offer to join Josie's various regular events including online healing circles
- Opportunity to work closely, 1-1 with Josie

Be aware that we will be working in flow, seeking what serves the highest effect for all participants and the outcomes we are seeking to achieve. As a result, I try to keep our planning flexible and adaptable, leaving room for the Delphi Cave Experience to evolve to suit participants. If for any reason you feel dissatisfied with your DCE experience, please let me know privately and directly, and I will work with you to find a mutually satisfactory solution.

I ask that all DCE participants adopt a flexible, open and curious mindset to help us co-create an incredible connected and productive experience.

You acknowledge that the Delphi Cave Experience is held at third party premises. Although I endeavour to choose the venues carefully, I have no control over, or liability for, any claims or issues with the venue.

7. Travel Arrangements

You are responsible for researching, obtaining and maintaining a valid passport and all appropriate visas, permits, certificates, vaccinations, money in the appropriate currency and any other required documentation in respect of your participation in the Delphi Cave Experience or further travel or sightseeing that you choose to do.

I am not responsible if you are denied entry to or exit from any country or location due to lack of valid and appropriate travel documents.

The DCE package does not include flights, or any other travel of any kind. You are responsible for making your own travel arrangements to and from Athens.

8. Insurance

I strongly recommend the purchase of appropriate travel insurance for the Delphi Cave Experience.

You are solely responsible for the cost of any such travel insurance and for ensuring that you are adequately insured for the full duration of the DCE with respect to possible illness, injury, death, property damage, loss of baggage and personal items, cancellation and/or curtailment, and/or any other potential losses, damages, costs, expenses, or liabilities (collectively "Losses").

You are solely responsible for any Losses related to your failure to procure sufficient travel insurance, and you indemnify me against any and all Losses you may experience that are not directly and clearly attributable to my negligence.

Following the Covid-19 Pandemic, it is also imperative that you make decisions regarding your travel in consideration of up-to-date travel advice from domestic and overseas authorities. Please make sure you are keeping yourself up to date with travel restrictions, requirements and laws.

9. Accommodation

Accommodation is included in the cost of the Delphi Cave Experience package. You will be provided with a shared/private bedroom (as nominated) and shared/private bathroom. Please note that the accommodation may not be wheelchair friendly.

10. Arrangements for Food & Meals

All breakfasts are included in the cost of the Delphi Cave Experience package. Dinner on day one is included. Lunches and remaining dinners are your own responsibility.

Full buffet breakfasts are available at our 4* hotels.

Please bring or buy your own snacks. There are a couple of convenience stores in Delphi. Best to purchase some supplies from a supermarket in Athens when you arrive.

11. Internet Access

Internet and wi-fi access is provided as part of the Delphi Cave Experience. I am not responsible for the reliability of this service, and your patience is required if it happens to have periods of outages at any time. Any costs or charges associated with your use of mobile data are entirely your own responsibility.

12. Free Time

There will be some periods for free time during the program, when you can do your own thing. Some choose to spend this time together, socialising, but you are free to do whatever you wish.

If you choose to go exploring at any time, please take care for your own safety. Let me know where you are going before you leave, and remember that different standards of respect for pedestrian safety may apply.

13. Cancellation by me

I reserve the right to cancel your reservation of a place on the Delphi Cave Experience if your total payment has not been received on or before the Payment Due Date, which is 8 weeks before the start of the DCE. In this case, you are not entitled to any refund of any amount paid prior to the Payment Due Date.

I reserve the right to cancel or reschedule the Delphi Cave Experience prior to the start date due to unforeseeable restrictions including but not limited to economic, weather, health, financial, conflict or similar unpredictable or dangerous conditions that amount to a force majeure or for any commercial reason at my sole discretion.

If I have to cancel the Delphi Cave Experience under this clause, you will be transferred to the next DCE program. This transfer is valid for up to 2 years from the date of original DCE booking.

I will endeavour to provide as much notice as possible if cancellation or rescheduling appears likely, and I strongly recommend that you take out adequate travel insurance and satisfy yourself that it will cover any potential loss. I will not be responsible for any other amount including but not limited to preparation costs, airfares, travel documents, accommodation planned for before or after the Delphi Cave Experience or any other losses.

14. My Responsibility

It is my responsibility to show up and be my best self. I will put all my efforts into facilitating a transformational experience where you can immerse yourself in your own transformative journey and fully invest in yourself.

I will do everything I can to make sure that the Delphi Cave Experience goes ahead as planned and that we stick to any plan that we have agreed while we are there. I will work to ensure that you feel safe, comfortable and supported.

I will also provide you with encouragement, accountability and support to help you achieve your objectives for the Delphi Cave Experience.

My Retreats are held in hired accommodation in international locations. I familiarise myself with the venue and its procedures in advance, and my initial welcome and housekeeping presentation will include important safety information. Please ensure you listen to and understand this information and take responsibility for your own wellbeing. If you notice anything during the Delphi Cave Experience that could create a danger for DCE participants, please let me know about your concerns asap.

To ensure you have a positive experience to remember, you are encouraged to raise any questions or concerns with me directly about anything related to the DCE at your earliest opportunity.

15. Your Responsibilities

To gain the most from the Delphi Cave Experience, you will need to fully commit to being present for the entire 10 days, and to set an intention to fully show up for yourself.

Be honest about what you need and put thought into setting realistic objectives.

I also strongly encourage you to do any reflection or preparation from our 1:1 call before leaving for the Delphi Cave Experience.

Take care for your own well-being and safety. Allow a certain amount of flexibility; expect the occasional unexpected.

Make sure you have sufficient resources to pay for meals and spending money.

Double check that you have packed any medication you may need before you leave. Have your own personal emergency plan backups, including money, contacts, and a strategy in case things don't go to plan.

Be a positive factor in the group, participating encouragingly with our activities. You are required to turn up for every group and 1:1 sessions.

Play nicely and respect the confidentiality, privacy, emotions and safety of other participants. What is said at on DCE stays on DCE!

16. Care for yourself

Accountability and personal responsibility are essential to your wellbeing. Be mindful of your physical well-being and proactively manage your energy. If you have any concerns or problems, communicate with me directly. The crystal ball isn't working and I don't know what is going on for you unless you tell me.

Please do not take anything personally. Everyone on the Delphi Cave Experience is on their own journey. Know that you are in a safe place and reach out for support when you need it.

Give yourself the time you need to integrate, shift, change and embody rather than rush anything or compare your experiences to others. Please do not compare yourself to anyone else. Be patient with your unique experience and evolution.

17. Care for DCE property

Please be respectful of the venue and its surrounding environment. All participants must keep the DCE venue's fixtures, fittings, furniture and effects in a clean and good condition and shall replace any articles which are destroyed or missing with articles of a similar kind and of equal value.

18. Care for your belongings

Before the Delphi Cave Experience, I will email you a general list of what to bring based on my previous experience. This list is intended as a guide, and you are to use your own judgement and make informed decisions about what you will need.

I am not liable for any theft, loss or damage to any of your personal belongings during the Delphi Cave Experience. This includes any items left behind in your room or left unattended in the common areas of the DCE venue. Please take appropriate care to ensure your belongings are safe.

19. Care for other people

You are here for a collaborative and co-creative experience which involves honouring and respecting each other's values, feelings and beliefs. When people gather together, we all come with our unique backgrounds, emotions, vulnerabilities, thoughts, stories, triggers and trauma. Please do your best to 'hold space for each other' and not get caught up in ego or judgement. **Let love lead.** Appreciate that we are all unique and see the world differently. Each of us are on our own evolutionary journey.

I ask that you aim for a neutral perspective and honour other people's experiences, points of view and way of seeing the world. Leave any judgement at home.

If we are discussing sensitive topics that may be emotionally triggering, we may set up a safe word and I ask that you respect this.

20. Drugs, Alcohol & Smoking Policy

The Delphi Cave Experience is strictly a drug and smoke free event.

You are welcome to BYO alcohol. I ask that you consume responsibly and behave respectfully at all times.

21. Marketing and promotional activities

Whilst participating in the Delphi Cave Experience, you must not directly promote or try to sell your or other people's services to DCE participants.

Any transaction that DCE participants may enter into (such as purchasing services from each other) is entirely between them, and I have no role in or responsibility for such transactions.

22. Confidentiality

This is a BIG one! Throughout the Delphi Cave Experience we may be sharing information about our lives that is not in the public domain. It is an essential condition of your participation in the Delphi Cave Experience that you respect each other's confidentiality. Anything shared must be assumed to be private, sensitive information which must be kept confidential and not disclosed to anyone else without explicit permission.

23. Age, health & fitness of participants

The Delphi Cave Experience is only offered to those over the age of 18, and no babies or children are permitted to accompany DCE participants.

As a condition of participation in the Delphi Cave Experience, you represent to me that you do not suffer from any medical conditions or disabilities that may restrict, limit, prevent, or preclude your participation, including any physical activities.

Please note: the Delphi Cave Experience will include some walking (at archaeological sites, museum and to/from the Cave for example), and some sitting in buses (to/from Athens to Delphi for example). Please keep the front row of the bus vacant for myself and our guide/s to enable us to confirm details and communicate them effectively to you throughout our journey together.

You agree that you will discuss and address any questions or concerns you may have about your

physical or mental health with an appropriately qualified healthcare professional prior to the start of the Delphi Cave Experience. Documentation from your physician confirming your clearance to participate in the DCE must be provided on my request.

If, at any time, you have any doubts about your physical condition or fitness to participate in any aspect of the Delphi Cave Experience, you agree that you will cease participation immediately and seek appropriate medical attention.

Water in Greece is deemed safe for drinking and brushing teeth. Wonderful refreshing mountain water is available to refill your bottles once we are in Delphi.

24. Medical Treatment

If, in the event of a medical emergency, assistance is called on your behalf, you agree to go with the paramedics in the ambulance to the hospital.

Please remember that when you are travelling overseas, you may not have access to the same standard of healthcare as you enjoy at home, and that you may incur unexpected expenses, or need to change your travel plans if you become ill. As a result, I strongly repeat my encouragement that you purchase travel insurance with appropriate coverage for your needs.

25. Natural Emergencies

Safety is my first priority. Any failure to deliver due to circumstances beyond my control will not provide grounds for a refund. I will work with you to make up what we have missed at a time when it is mutually safe and convenient for us to do so, in the event that a natural emergency occurs and disrupts the retreat.

26. Photos, videos & other media release

You are welcome to take and share your own photos while on the Delphi Cave Experience, while always being respectful of the wishes of other people who may be in the photos. Make sure you tag me (@josiehomson) and the Delphi Cave Experience if you are sharing photos on social media – it's a great opportunity to acknowledge and support one another. If you share images that were taken by others, please offer your respect by acknowledging the source of shared images.

The Delphi Cave Experience activities and 1:1 sessions may only be recorded with the permission of everyone who is present.

The release below applies to all photographic, audio, and/or video recordings collected as part of, in connection with, or during the Delphi Cave Experience (by me or any third party authorised by me).

You consent and authorise me to use your name, voice, appearance, image, words and participation in whole or in part in any photos or recordings that I take at the Delphi Cave Experience with your explicit permission, and any future materials I create using them. You understand that I intend to use these photos and recordings for educational, promotional and commercial purposes.

You understand that I do not have any obligation to use all or any part of your participation in the Delphi Cave Experience, and I may edit any audio or visual recording of your participation at my discretion. You give me the right to reproduce, advertise, and publicise your participation in the DCE without compensation to you. You agree that I shall own all rights, title and interest, including copyright, in the originals and all copies of any audio, visual, or written recordings I make, in perpetuity, with full media and worldwide rights.

You further understand and grant me permission to electronically display any such likeness or recording of you on the Internet or in other public settings.

You agree to waive the right to inspect or approve any and all materials in which your likeness may appear. You further waive any right to royalties or other compensation arising from or related to the use of your likeness.

There is no time limit on the validity of this release nor is there any geographic limitation on where

materials including your likeness may be used, reproduced, displayed, exhibited, published, and/or distributed by me or on my behalf.

I promise that all such recordings will be unobtrusively obtained, carefully chosen and sensitively edited to showcase the Retreat experience while maintaining the safety and connection of our experience together. If you should find any use of your likeness distressing, please contact me to discuss your concerns.

27. My legal relationship with you

You engage me to provide the Delphi Cave Experience to you personally, and where appropriate, through my contractors, employees and agents. The relationship between you and me is that of a principal and independent contractor.

Nothing contained in this Agreement will constitute or deem me or any of my contractors, employees or agents to be your partner, employee or agent, or vice versa.

28. Intellectual Property

You acknowledge that all materials that I choose to share with you (including all information, names, models, exercises or processes and so on) consists of copyright, unregistered trademarks and trade secrets owned by me.

Under NO circumstances are you allowed to market, promote or use any of the Delphi Cave Experience material in any way without my express written permission. It is provided to you for your personal use in connection with the Delphi Cave Experience ONLY.

I am providing you with access to information for the purposes of the Delphi Cave Experience which is not in the public domain. You must not discuss or disclose my confidential information to anyone not directly involved in the Delphi Cave Experience.

For the sake of clarity, all intellectual property shared with you during the DCE by me remains my property. Other DCE participants retain ownership of their own intellectual property, if appropriate. This means that you must not share, copy, re-publish, edit or sell any content that is not your own creation for business or commercial use, or in any way without the explicit prior consent of the content creator, which they are entitled to refuse.

29. Guarantees

I do not offer any guarantee of results. Nor can I promise that you will achieve your objectives. I will give my absolute best self, processes, guidance and strategies, but you are solely responsible for your approach and ultimate experience and integration.

30. Indemnity

You agree to indemnify, defend, hold harmless, release and absolve me from all liability, in all reasonable respects.

You understand and agree that your participation in every part of this Delphi Cave Experience is undertaken of your own free will and desire to participate and you agree to accept full responsibility should anything happen to you, physically, mentally or emotionally under such circumstances.

You waive any claims to compensation to the full extent that is permitted by law.

31. Limitation of Liability

You expressly agree that my total cumulative liability for all causes of action of any kind shall not exceed the amount that you paid to me for your attendance at the Delphi Cave Experience.

32. Jurisdiction

My business is based in the state of Queensland. The validity, interpretation and performance of this Delphi Cave Experience Agreement will be governed by the laws of Queensland and the Commonwealth of Australia.

33. Dispute Resolution

If any concerns or issues arise out of this Delphi Cave Experience Agreement, or your participation in the Delphi Cave Experience, please speak with me directly, with the intention of making a genuine effort to seek a win/win solution and resolve any dispute by negotiation and discussion.

If we are unable to resolve a dispute by negotiation and discussion within 14 days, we agree to proceed to mediation with the assistance of an independent accredited mediator, seeking online dispute resolution or mediation by telephone if either of us would need to travel for more than an hour to attend the mediation.

The mediator is to be appointed by agreement, or failing agreement within 14 days of the negotiation period ending, I will provide you with links to the websites of at least 2 appropriately qualified, neutral mediators (having first confirmed their availability), and you must select one of them within 48 hours of receiving the nominations. All costs of mediation must be shared equally. Legal action must not be commenced until, in the opinion of the independent mediator, the potential for negotiation and mediation have been exhausted. In the event of litigation, the prevailing party shall be entitled to recover its costs and legal fees.

We both agree that we shall not publicly or privately disparage each other or anyone connected with us, but rather shall act in good faith to refrain from any conduct or communication which might reasonably be expected to interfere with the business and/or personal interests of each other.

Regardless of where you live in the world, you irrevocably agree that if the dispute resolution processes fail, the courts of Queensland, and the Commonwealth of Australia, will have exclusive jurisdiction.

34. General Provisions

This Agreement may be amended only in writing, however, an email exchange where we both express clear agreement to the proposed changes is sufficient to satisfy this requirement.

It constitutes the entire Agreement between us with respect to its subject matter and replaces any prior discussion between us. If anything here is not what you expected, please discuss your concerns with me directly before signing.

I have read and understood this Agreement and am willing to be bound by its terms.

35. Executed as a contractual Agreement

SIGNED BY:

Josie Thomson

Signature

Date

Participant Full Name

Signature

Date